

settled

## Settled When You Are Scared

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# Message Notes

Fear can be a giant in life.

Fear can take us in two different directions:

- Fear-keeps us from living in God's promises.
- Faith-moves us to TRUST God's promises.

Don't settle for "fear," be settled in "Faith."

### SCRIPTURE

Numbers 13-14; Matthew 14:25-32; 2 Timothy 1:7; 1 John 4:4

# Discussion Guide

### ENGAGE

1. Share a memory of when you were scared and how it has impacted the way you experience life today.
2. Read Numbers 13:26-33 and Numbers 14:26-35. What did the men report to Moses and the community? What were the two different responses to the report? How does God respond?
3. Why do you think fear is such a giant in life? What does fear develop in your life? What does having faith develop in your life?
4. Read Matthew 14:25-32. How can you walk by faith and not by fear?
5. Read 2 Timothy 1:7 and 1 John 4:4. What do these verses mean to you?

### APPLY

Prayer Movement: Take a moment and review the card below. Allow that theme and scripture to guide you as you pray incorporating movement like walking, running, biking, knitting, crafting, woodworking, or organizing as you pray. And, as you listen in prayer, journal anything that you hear.

### PRAY

**Protect me from  
the enemy...**

**PSALM 34:4-17**

*Taste and see that the Lord is good;  
blessed is the one who takes refuge in him.*