

BETTER WAYS TO BETTER DAYS
BETTER WAYS TO BETTER DAYS
BETTER WAYS TO BETTER DAYS
BETTER WAYS TO BETTER DAYS

PRACTICAL WISDOM FROM PROVERBS

The Gratitude Factor

Jason DeShaw | November 12, 2023

Message Notes

Proverbs is the place where the complexities of life meet practical application.

Gratitude is the attitude that raises the volume on the benefits of wisdom.

Be intentional with gratitude and experience transformation in your life.

SCRIPTURE

Proverbs 4:20-27; Luke 6:43-45; Proverbs 12:12; 14:10; 14:30; 15:13; 16:24; 17:5; 17:22; 18:12; 24:17; 1 Thessalonians 5:18

Discussion Guide

ENGAGE

1. Share about a time where a negative attitude ruined an experience.
2. Read 1 Thessalonians 5:12-24. List all the behaviors that Paul is instructing the church to practice. With what frequency is Paul proposing for this list?
3. What do you think is the significance of the set-apart instructions from verses 16-18?
4. What is the role of Christ Jesus in verses 16-18?
5. Share about a circumstance in your life currently where your attitude is severely challenged. How could intentional gratitude transform your attitude in this circumstance moving forward.

APPLY

Begin to practice gratitude. Document daily (as early into your routine as you can) one thing for which you are grateful. This can be a single word or phrase or sentence but strive to have it be unique to you and unique each day. Look for the ways that gratitude raises the volume on your joy and your prayer.

PRAY